Art to Wear (Intermediate Sewing Class)

➔ **Level**: Intermediate Sewing Class

➔ **Course Description**: The Art to Wear is a class for intermediate sewing to learn about fashion from a sustainable point of view, and creating art pieces with day-to-day clothing. We will be going over sewing techniques, fashion history terms, and there will be one project where we will create art to wear gramnet.

➔ **Course objectives**: Developing a creative and critical point of view for art, fashion and life. Understanding how sustainability practices can help the overconsumption of clothing and fabric.

➔ **Duration**: Saturdays / 2 hours / 6 weeks

➔ **Age**: 14 years old & up

➔ **Amount of participants**: 6 Students

➔ **Materials**: Sewing machine, scissors, fabric, sewing kit (measuring tape, machine needles, hand sewing needles, thread, pins), ruler, sketchbook, drawing kit (pencil, color pencils, markers)

**Class #1**: Introduction to Sustainability and Art to Wear

- Presentation on Art to Wear, Sustainable fashion and practices
- Sketch/ Illustrate on garment to upcycle to make it a statement piece

**Class #2**: Create your Moodboard and Collages

- Presentation on moodboards, concept boards, and inspiration
- Resources online to create and find inspiration
- Start creating mood boards

**Class #3**: Design Development

- Begin the customization process of maximum two/minimum one garment
- Get any measurements, make any patterns, cut fabric, and start sewing

**Class #4**: Start sewing your art

- Deciding on the final design choice
• At this point everyone should start sewing and upcycling

**Class #5:** Half way through
• Second day of sewing and customizing

**Class #6:** Wear your art to class
• Last day to finish your wearable art
• Take pictures of you design