

Art to Wear (Intermediate Sewing Class)

- **Level:** Intermediate Sewing Class
- **Course Description:** The Art to Wear is a class for intermediate sewing to learn about fashion from a sustainable point of view, and creating art pieces with day-to-day clothing. We will be going over sewing techniques, fashion history terms, and there will be one project where we will create art to wear garment.
- **Course objectives:** Developing a creative and critical point of view for art, fashion and life. Understanding how sustainability practices can help the overconsumption of clothing and fabric.
- **Duration:** Saturdays / 2 hours / 6 weeks
- **Age:** 14 years old & up
- **Amount of participants:** 6 Students
- **Materials:** Sewing machine, scissors, fabric, sewing kit (measuring tape, machine needles, hand sewing needles, thread, pins), ruler, sketchbook, drawing kit (pencil, color pencils, markers)

Class #1: Introduction to Sustainability and Art to Wear

- Presentation on Art to Wear, Sustainable fashion and practices
- Sketch/ Illustrate on garment to upcycle to make it a statement piece

Class #2: Create your Moodboard and Collages

- Presentation on moodboards, concept boards, and inspiration
- Resources online to create and find inspiration
- Start creating mood boards

Class #3: Design Development

- Begin the customization process of maximum two/minimum one garment
- Get any measurements, make any patterns, cut fabric, and start sewing

Class #4: Start sewing your art

- Deciding on the final design choice

- At this point everyone should start sewing and upcycling

Class #5: Half way through

- Second day of sewing and customizing

Class #6: Wear your art to class

- Last day to finish your wearable art
- Take pictures of you design